

# COSMETIC

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## DERMATOLOGY

### **Botox/Dysport: POST-TREATMENT INSTRUCTIONS**

You have just undergone Botox/Dysport therapy, a treatment for fine lines and wrinkles. Directly where the Botox/Dysport injections were placed, you may experience redness, swelling, tenderness, and bruising. These symptoms should resolve spontaneously within 7 days. If these symptoms persist longer than 7 days, contact our office.

In the 4-hour period immediately after your treatment, you should remain upright. After the 4-hour period has passed, you may resume normal activity, but avoid strenuous exercise until the following day. You may apply make-up the following day if there is no sign of infection, bleeding, or open wounds.

You will notice weakness or decreased ability to move the muscles in the areas that have been treated within 2-3 days of injection. This is the desired effect. Improvement in the wrinkles will become evident as soon as 2-3 days after injection, others showing benefit up to a week or more after the original injection.

The correction is different for everyone, but on average, wrinkles will return to normal around 3-4 months. After a series of treatments, some individuals receive more sustained benefit from a single treatment. If you choose not to continue with your treatment, the treated area will return to its retreated state, and skin lines will return.

**If you have difficulty breathing or swallowing, go to the Emergency Room.**

**Contact our office if you have any questions or concerns regarding your treatment.**

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