

COSMETIC

DERMATOLOGY

Vbeam Vascular Laser: Post-Treatment Care Instructions

You have been treated with the Candela Vbeam Laser. The treated area is very delicate and should be treated gently. Please read and follow these instructions:

- Immediately following the laser treatment, the treated area will appear red, be warm, and may have slight swelling. The red appearance and warm sensations may last up to 2-3 days. If swelling occurs, it usually lasts for less than 24 hours, but may persist for several days. Cool compresses can decrease the swelling and can help to minimize excess warmth or redness. In addition, depending on the desired effect, aggressiveness of the treatment, and certain medications that may increase the risk/severity, bruising may be present. If this bruising occurs, resolution normally is seen in 7-10 days after the original treatment. If bruising or crusting occur over treated area, you should cleanse the area daily with mild soap and water and cover with occlusive ointment (I.e., Vaseline or Aquaphor). Do not rub or scratch this area until the discoloration or crusting disappears. Also, avoid swimming, contact sports, or other strenuous activity while bruising is present.
- If you had treatment for cherry angiomas (red spots or bumps on the body) these areas may appear raw, bruised, or crusted for 1-2 weeks after treatment. If so, clean the area with mild soap and water and cover with an occlusive ointment. It is optional to cover the areas with Band-Aids or paper tape.
- If any of the treated areas crust or scab, allow the crust or scab to fall off on its own. Do not pick at the area.
- After treatment, you should use a mild cleanser to wash the treated area until the redness and swelling improves. You may shower, but do not rub the treated area with a facecloth or towel. Pat the area dry gently. If you are using an anti-aging skin regimen, you may need to replace this with a mild moisturizer such as Purpose, Neutrogena, Aveeno, or Oil of Olay until redness and swelling resolve.

Contact our office if you have any questions or concerns regarding your treatment.

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